

Terri's Three Pillars for Terrific Health **Nourish. Purify. Energize.**

Many forward-thinking researchers and natural health practitioners recognize that the body is an electrical, vibrational system as much as it is chemical and structural.

Every cell and organ has its own optimal frequency. When nutrition, toxins, or lifestyle factors interfere, those frequencies become unstable — opening the door to disease and dysfunction.

Ultra-processed foods, seed oils, GMOs, and synthetic chemicals and emotional toxins can distort cellular communication and energy flow.

True healing begins by restoring the body's frequency balance through three foundational pillars that **heal, restore, and thrive.**

The Vim & Vigor Diet

Nourish your body with mineral-rich, enzyme-active, animal-based foods.

(Free booklet with any OlyLife device purchase!)

Essential Oils & Natural Living

Purify your life by clearing toxins from food, home, and personal care — allowing your cells to communicate clearly and freely.

OlyLife Frequency Devices

Energize the body's electrical system with supportive tools like PEMF, Terahertz, sound, and even light therapies.

Nourish. Purify. Energize.

Live with vim, vigor, vitality — and VaVoom!



Real Stories. Real Results.

"My name is Carol T, and I'm 64yo. I've been living with lupus — both systemic and cutaneous. For months I was homebound, exhausted, and struggling just to get through the day. Since using these devices, my balance, energy, and sleep have all improved, and my body feels stronger than it has in years. These tools have truly helped me get my life back. I have found hope and I'm beyond grateful."

"I have had 3 back surgeries and need another for a neck fusion. I've had chronic back pain for years. I started using it (P90) first thing in the morning for around 20 minutes, game changer. I have minimal back pain and now not going to get neck surgery also getting off my meds." - Bryan K.

"All I can say is wow oh wow! So thankful it was all I was praying for. Results from first session! Wow!! My planters fasciitis pain reduced by 70%, I can get up and actually take a step without major pain. Second improvement. I have had about 8 hours of sleep in the last 48 hours, before my first session. I was so tired and fatigued, now my energy levels are back to normal, no fatigue!" - Larry P.

Would you like a free demo? Watch a short video?

Business opportunity for clinicians and individuals.

My info:

Terri Turvaville

 <https://withterri.olylife.com>

 <https://withterri.com/blog>

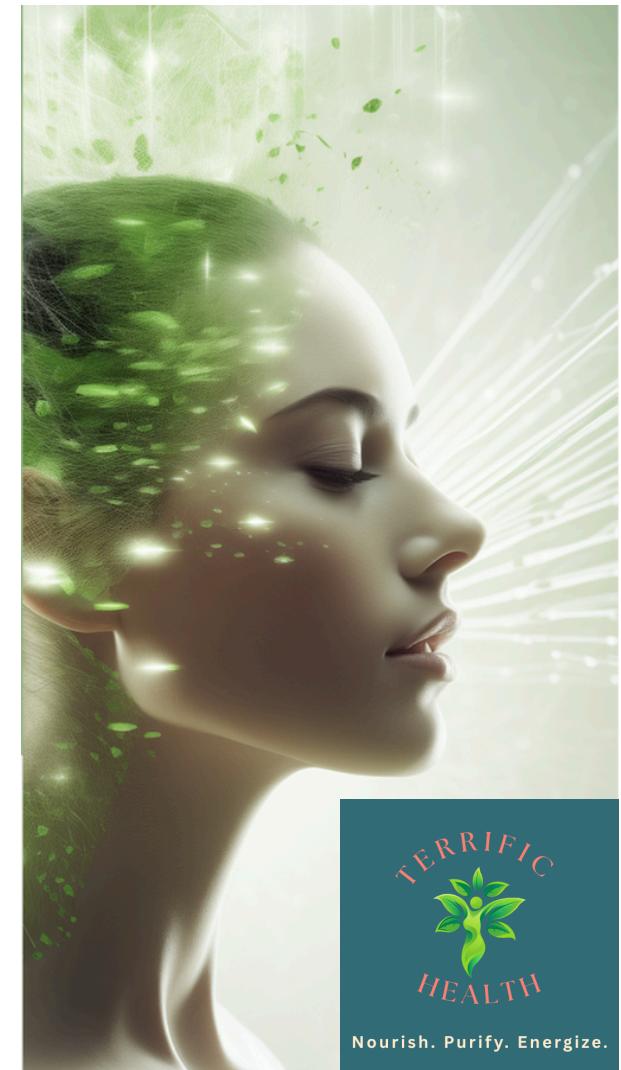
 <https://withTerri.com/page/essential-oils>

 <https://www.facebook.com/TerriKWalker>

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Energize Your Cells. Restore Your Health. Live with Vim & Vigor!

Discover the power of frequency healing with OlyLife's Terahertz & PEMF devices — designed to support your body's natural ability to **repair, restore, and regenerate.**



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What Is Frequency Wellness?

Every cell in your body communicates and functions through natural electrical and magnetic frequencies. I have started calling frequency the fountain of youth because of its powerful effect.

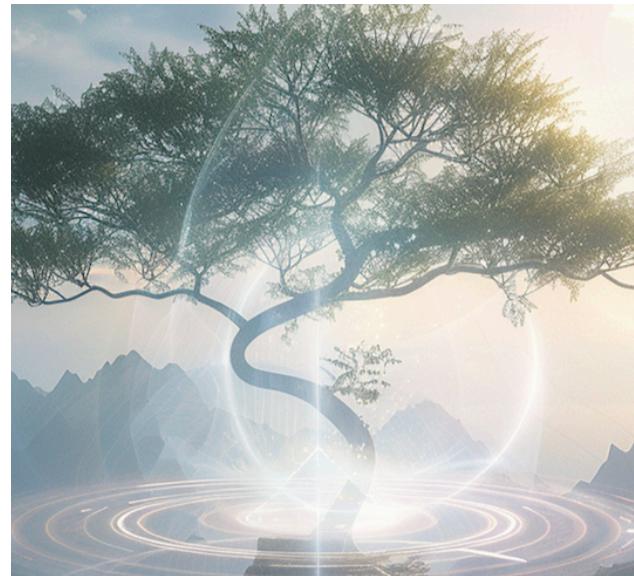
When stress, toxins, or poor nutrition disrupt these signals, your energy fades, and your body struggles to repair itself — opening the door to disease and dysfunction.

Your Body Runs on Energy

OlyLife's advanced frequency devices help your body remember how to heal itself — naturally.

Meet the OlyLife P90+

Where Science Meets Wellness — the first device that combines PEMF and Terahertz technologies for total-body renewal.



The Power of OlyLife Devices



- **PEMF (Pulsed Electromagnetic Field):** Syncs your body's energy with Earth's natural rhythm, helping calm the nervous system, improve circulation, and ease discomfort. FDA-approved since the 1970s.
- **THz Terahertz Waves:** Help your body **reconnect, recharge, and restore** harmony from the cellular level up. Starting in the 1960s, THz has been called the "frequency of life" and was named one of the "Ten Technologies That Will Change the Future World" for its ability to support tissue repair, detoxification, and vitality.
- **Together:** Like roots and sunlight for your body, they help you thrive — boosting cell energy, supporting natural repair, and helping your body recharge, rejuvenate, and restore balance from the inside out.

"If you want to find the secrets of the universe, think in terms of **energy, frequency, and vibration.**"
— Nikola Tesla

"The Future Medicine will be the Medicine of **Frequencies.**"
— Albert Einstein

Potential Benefits of Combined PEMF & Terahertz Therapy

- Reduces stress and supports restful sleep
- Relieves pain and improves muscle and joint comfort
- Boosts circulation, heart health, and energy
- Strengthens immunity and promotes cellular repair
- Enhances skin vitality and natural anti-aging
- Supports digestion, detoxification, and nutrient absorption
- Balances hormones and overall well-being
- Speeds recovery and enhances athletic performance

These advanced technologies are being studied worldwide for their ability to support healthy function at the cellular level — complementing conventional wellness and medical approaches.

